

# DigitALL Women

Empowering women to use technology  
safely, confidently and independently



## Make a referral

[www.womenshealthmatters.org.uk](http://www.womenshealthmatters.org.uk)

## 4-Week Digital Skills Course

- Learn practical skills
- Stay safe online
- Use tech to support wellbeing



## 1-to-1 Support

One-off or long-term support available. Focussing on basic digital skills or online safety and security for women experiencing digital abuse.

## Equipment Lending

Access to a range of tech, including **Chromebooks**, **tablets**, **smartphones** and other devices to build confidence using devices at home.

## Project Outcomes:

- ✓ Increased confidence using digital devices and tools
- ✓ Improved practical skills for daily life and work
- ✓ Better understanding of online safety and privacy
- ✓ Greater independence and digital inclusion



Department for  
Science, Innovation  
& Technology