



**It's not only the injustice
that drives us, it's her hope
for a better life.**

STRATEGIC PRIORITIES

2024 - 2027

1

Identify the needs of women and girls and develop effective services in response.

We provide a supportive, holistic, trauma-informed approach to women and girls with a range of complex, interconnected issues. It is imperative that we maintain this safe, non-judgemental, and effective approach, and increase our capacity in Leeds and surrounding areas, to provide the best quality services to women and girls who need them the most.

2

Ensure that we can continue to meet the needs of women and girls.

We will develop income from diverse sources, continually monitor and review our working practices, and expand our partnerships and influence, to ensure women and girls are supported fully, and that we can deliver value for money to our supporters.

3

Give voice to the experience of women and girls.

We support women and girls to build their confidence; to work towards a more positive future for them and their children; and to find and use their voice to influence and improve the systems in our society, which could help women and girls in the future.

OUR VISION

All women and girls are safe and healthy.

OUR PURPOSE

Supporting disadvantaged and marginalised women and girls to have a fair chance at a better life.

OUR MISSION

Women's Health Matters exists to support women and girls to live safe and healthy lives. We achieve this by providing a holistic, trauma-informed service for women and girls who are socially, economically, or politically marginalised. This includes, but is not limited to, those affected by domestic abuse, those whose children live elsewhere, those accessing maternity services, women seeking asylum, women with disabilities, and women and their children experiencing trauma.

We take a woman-centred holistic approach, creating a safe, nurturing environment to help women and girls recover their confidence, explore their own needs, regain control of their lives, and build secure and healthy relationships.

OUR VALUES

BY WOMEN, WITH WOMEN

A women-led organisation, working with, and responsive to, the needs of women, their families, and girls.

BRAVE

We are bold, resilient, and courageous in our approach, and encourage bravery and strength in those we support.

WARM

We are respectful, compassionate, and kind. We provide welcoming and safe spaces and remove barriers to engagement.

EMPOWERING

Women are the experts in their own lives. We work holistically to empower, inspire, and support them.