Cuppa & Connect



Open to all women!

Come along for a friendly cuppa, chat and some relaxed activities



First Friday morning of each month* between 10am & 12 noon

Contact Tabz on 07516 049716 for more information

www.womenshealthmatters.org.uk



Enjoy a brew, meet new people and connect with others in a supportive friendly space

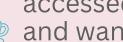
Cuppa & Connect is a welcoming space for:



Women currently accessing WHM services



Women who have left WHM services



accessed WHM services 🥽 and want to find out more about our groups and projects

Women who have never

No need to book - just drop in!

