

Cuppa & Connect

Open to all women!

Come along for a friendly cuppa, chat and some relaxed activities



First & third Friday morning of each month between 10am & 12 noon




Contact **Tabz** on **07516 049716** for more information

www.womenshealthmatters.org.uk



Enjoy a brew, meet new people and connect with others in a supportive friendly space

Cuppa & Connect is a welcoming space for:

-  Women currently accessing WHM services
-  Women who have left WHM services
-  Women who have never accessed WHM services and want to find out more about our groups and projects

No need to book - just drop in!



Ministry
of Justice